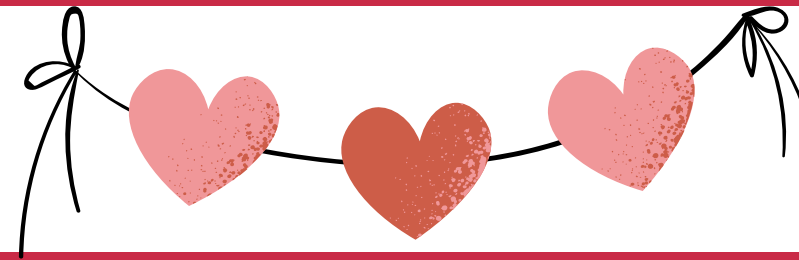


# FEBRUARY 2024



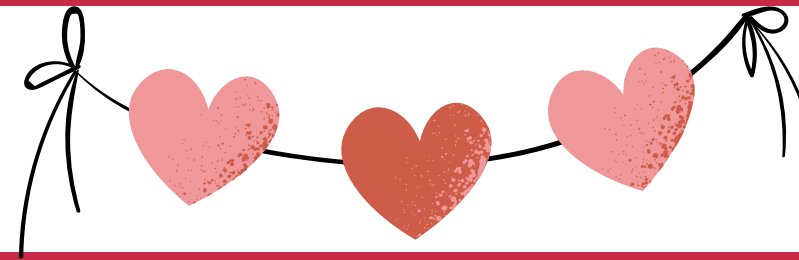
LUTHERAN MANOR  
of the lehigh valley

SUN	MON	TUES	WED	THURS	FRI	SAT
				<b>1</b> Chat Room - 10:00a Yoga with Dana - 11:00a Second Harvest - 12:30p Church (SPANISH) - 2:00p	<b>2 Groundhog Day</b> Walker's Club - 9:30a Energetic Exercise - 11:00a Wii Game Day (Family Feud) - 1:15p Stitching with Nena - 2:00p	<b>3</b> RA Coffee & Donuts- 8:30a RA Pinochle - 12:30p
<b>4</b> Sunday Believers' w/ Paul Belfort - 1:00p	<b>5</b> Walker's Club - 9:30a SPEAKER: Oak St. Health BINGO - 10:00a Zumba with Anna - 11:00a MOVIE - 1:00p RA BINGO - 6:00p	<b>6</b> Drum Fitness - 11:00a CLINIC: BP Checks - 1:15p ENTERTAINMENT: One Man Band - 2:00p	<b>7</b> Walker's Club - 9:30a Zumba with Anna - 11:30a Bible Study - 12:30p Pastor Movie - 2:00p RA Shredding - 2:00p Snacks/Ice Cream - 2:00p	<b>8</b> Chat Room - 10:00a Yoga with Dana - 11:00a Church - 2:00p	<b>9</b> Walker's Club - 9:30a Energetic Exercise - 11:00a CLINIC: OAA Podiatry - 12:30p Wii Game Day (Price is Right) - 1:15p Stitching with Nena - 2:00p	<b>10 Chinese New Year</b>
<b>11</b> Sunday Believers' w/ Paul Belfort - 1:00p RA SOCIAL - 4:00p	<b>12</b> Walker's Club - 9:30a SPEAKER: Heart Healthy Foods with Lyndi - 10:00a Zumba with Anna - 11:00a MOVIE: In Person - 1:00p RA BINGO - 6:00p	<b>13</b> Drum Fitness - 11:00a GENERAL MEETING - 2:00p	<b>14 Valentine's Day</b> Walker's Club - 9:30a LM BINGO - 11:00a Zumba with Anna - 11:30a Bible Study - 12:30p Pastor Movie - 2:00p RA Shredding - 2:00p Snacks/Ice Cream - 2:00p	<b>15</b> CLINIC: Health Drive Eye - 9:00a Chat Room - 10:00a Yoga with Dana - 11:00a SCAMS Presentation - 12:30p Church - 2:00p	<b>16</b> Walker's Club - 9:30a Energetic Exercise - 11:00a Wii Game Day (Wheel of Fortune) - 1:15p Stitching with Nena - 2:00p	<b>17</b> RA Breakfast - 8:30a RA Soup & Hot Dogs - 5:00p

May your month be filled with love



# FEBRUARY 2024



LUTHERAN MANOR  
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SUN	MON	TUES	WED	THURS	FRI	SAT
<p>18</p> <p>Sunday Believers' w/ Paul Belfort - 1:00p</p>	<p><b>19 President's Day</b></p> <p>OFFICE CLOSED - President's Day</p> <p>Walker's Club - 9:30a</p> <p>Zumba with Anna - CANCELED</p> <p>MOVIE - CANCELED</p> <p>RA BINGO - 6:00p</p>	<p>20</p> <p>Drum Fitness - 11:00a</p>	<p>21</p> <p>Walker's Club - 9:30a</p> <p>Zumba with Anna - 11:30a</p> <p>Bible Study - 12:30p</p> <p>Exercise BINGO - 1:30p</p> <p>Pastor Movie - 2:00p</p> <p>RA Shredding - 2:00p</p> <p>Snacks/Ice Cream - 2:00p</p>	<p>22</p> <p>Chat Room - 10:00a</p> <p>Yoga with Dana - 11:00a</p> <p>Church - 2:00p</p>	<p>23</p> <p>Walke's Club - 9:30a</p> <p>Energetic Exercise - 11:00a</p> <p>Wii Game Day (Press Your Luck) - 1:15p</p> <p>Stitching with Nena - 2:00p</p>	<p>24</p>
<p>25</p> <p>Sunday Believers' w/ Paul Belfort - 1:00p</p>	<p>26</p> <p>Walker's Club - 9:30a</p> <p>Zumba with Anna - 11:00a</p> <p>MOVIE - 1:00p</p> <p>RA BINGO - 6:00p</p>	<p>27</p> <p>Drum Fitness - 11:00a</p> <p>Church - 2:00p</p>	<p>28</p> <p>Walker's Club - 9:30a</p> <p>Zumba with Anna - 11:30p</p> <p>Bible Study - 12:30p</p> <p>Jeopardy Trivia Day! - 2:00p</p> <p>Pastor Movie - 2:00p</p> <p>RA Shredding - 2:00p</p> <p>Snacks/Ice Cream - 2:00p</p>	<p>29</p> <p>Chat Room - 10:00a</p> <p>Yoga with Dana - 11:00a</p> <p>Church - 2:00p</p>		
						<p>Staff Birthdays:</p> <p>Joe Russo - Feb. 5th</p>

May your month be filled with love

